

## 06./07.03.2020 | Noli me tangere – no means no

Referentin: Iris Koall

Zeitraum: Freitag, 06.03.2020, von 09:30-17:30 Uhr  
Samstag, 07.03.2020, von 10:00-14:00 Uhr

Ort: wird noch bekannt gegeben

In this workshop you will develop sensitivity and clarity as to the range and complexity of sexual harassment experiences and learn which activities protect you against sexual harassment and workplace abuse.

Not every erotic activity in a professional context is a sexual assault. The line between voluntariness and offense is often not clear enough for aggressors. "No means no" is a consistent reaction and should not be hesitant and doubtful. You will be enabled to overcome and reflect shame, anxiety and sometimes dependency, which often characterize first reactions towards sexual aggression. You will learn to talk about the tabooed of sexual harassment. It occurs in different forms: pressuring sexual advances or favors, sexual abuse, sexual bribery, enforcing dates and sexual propositions; mailing/ phone calls; abusive language; emotional "come-ons", touching, cornering, sexual assault. Since your professional attitude and well-being are endangered in this sensitive and tabooed field of action, you might need counseling to clarify your professional role.

In the setting of this workshop, you will be enabled to strengthen your ability to reflect and act in unclear situations, so that you gain confidence in dealing with the topic. We will also discuss the development of a solidary attitude and the willingness to shape the non-discriminatory culture of your team or the organization.

Further, there will be the opportunity to discuss and reflect the topic of sexual harassment. In doing so, we practice the format of collegial consultation, which might help you to feel safer in such situations and enable you to reflect them. In case of victimization, we will consider ways how to address psychological and social support.

**Online-Anmeldung** unter <https://gleichstellung.uni-mainz.de/anmeldung-id-3333/>

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