



# 02.07.2020 | Quick on Your Feet! Spontaneous Speaking Practice

Referentin: Julie Stearns

Zeitraum: 09:00 Uhr bis 17:00 Uhr

Ort: wird noch bekannt gegeben

#### **Objectives:**

This workshop helps participants develop spontaneous communication skills for academics in professional contexts such as interviews, presentations as well as small-talk situations. Furthermore the workshop offers the opportunity to enhance overall effective communication (verbal and non-verbal).

## Description:

The aim is to develop strategies to make a lasting and positive impact on audiences, potential employers and significant contact persons. Throughout the workshop, participants will be guided through interactive exercises to improve their body language, as well as focus on the quality of their language content and structure of their ideas. Trainer input will provide the opportunity to gain new insights in effective communication and learn how to present themselves more effectively and to make the best impression and strongest impact.

#### Contents in brief:

- Effectively promoting oneself (verbal business cards)
- Spontaneous small talk: informal chatting with a purpose
- Strategies for effective communication
- Concise and effective introductions: make an impact!
- Body language focus

## Methodology:

- Theoretical sessions to highlight key aspects and strategies
- Role-play scenarios
- Hands-on exercises for practicing
- Both group and individual feedback

Online-Anmeldung unter https://gleichstellung.uni-mainz.de/anmeldung-id-3333/

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